

# RUFKATU DANJUMA MATERNITY



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2017-2020



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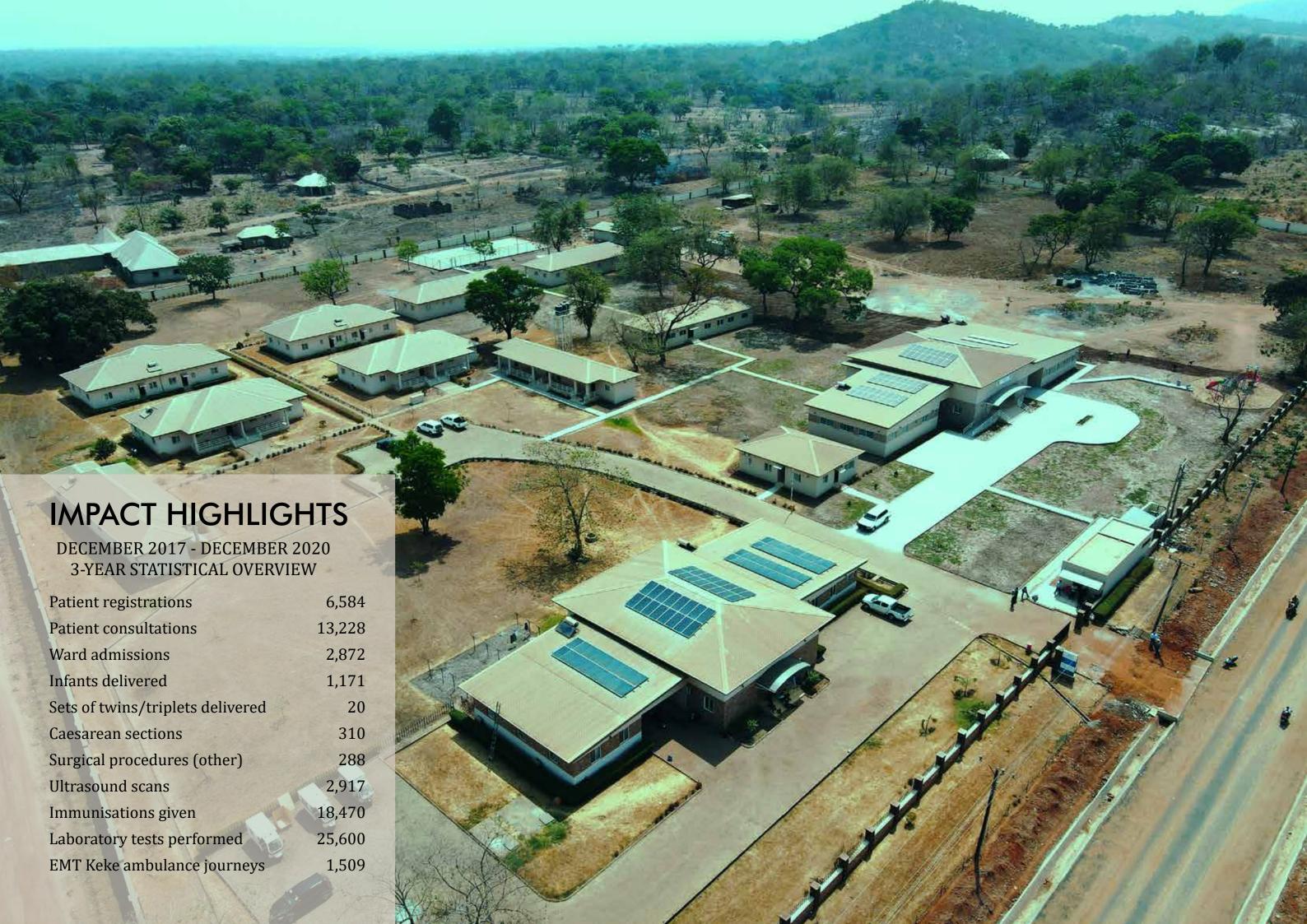
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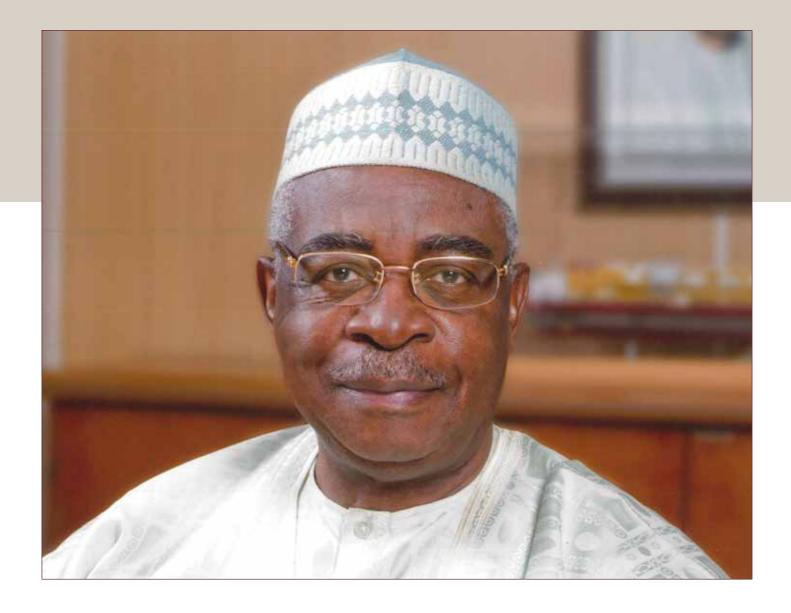


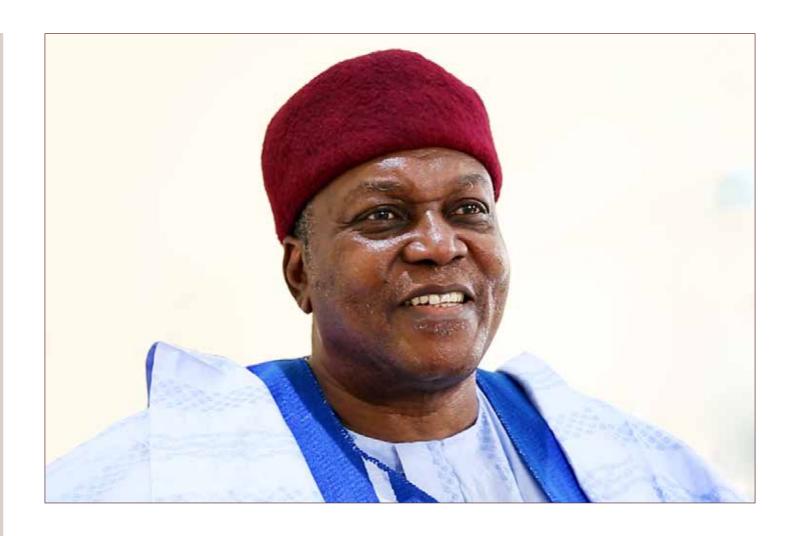
# **PATRONS**

#### LT. GEN. THEOPHILUS YAKUBA DANJUMA

(Rtd.) GCON is the Chairman and Founder of TY Danjuma Foundation. He is from Takum Local Government Area in Taraba State. Lt. Gen. Danjuma had an illustrious career in the Nigerian army retiring as Chief of Army Staff. He has also held top advisory positions to

Lt. Gen. Theophilus Yakubu Danjuma previous and the current president of Nigeria as Chairman of Presidential Advisory Councils. Lt. Gen. TY Danjuma is an astute, successful businessman and philanthropist. It is his impressive track record of philanthropic giving that culminated in the establishment of the TY Danjuma Foundation.





#### HIS EXCELLENCY, ARC. DARIUS DICKSON ISHAKU

His Excellency, Arc. Darius Dickson Ishaku, the Executive Governor of Taraba State, was elected to office in 2015. He was born in Lupwe in present Ussa Local Government Area of Taraba State on 30th July 1954 to the family of Mr. and Mrs. Naomi and Ishaku Istifanus. In the area of community service and health care, His Excellency has been passionate and committed. This was affirmed through the support and collaboration with TY Danjuma Foundation and Development Africa to reduce infant mortality

in the State and improve maternal health in rural areas. For this purpose, the Taraba State Government provided the land for the Rufkatu Danjuma Maternity, sponsored a laboratory, donated a Keke ambulance, seconded State medical personnel, provided four additional accommodation units for doctors and medical personnel at the RDM, and sponsored a tennis court as part of a recreational facility to encourage medical personnel from across Nigeria to serve at the hospital.

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# INTRODUCTION





to make each stage as positive an experience as it can be, ensuring that both mother and infant are safe, healthy, and well cared for.

nearly 20% of all global maternal

Maternal health refers to the deaths happen and a Nigerian limited access to quality health health of women during three woman has a 1 in 22 lifetime care<sup>2</sup>. The RDM's goal to provide stages: pregnancy, childbirth risk of dying during pregnancy, exceptional health services at and in the final postnatal period. childbirth or postpartum<sup>1</sup>. The a very subsidised rate means From its inception in December severity of the risk to expectant that the poorest residents can 2017, the team at the Rufkatu mothers in Nigeria highlights afford quality care. No-one is Danjuma Maternity works hard the importance of the services turned away from receiving provided at the Rufkatu Danjuma care as the facility is built to Maternity.

Nigerians on average pay economic status. for 77% of health expenditure Nigeria is the country where out-of-pocket, resulting in the poorest of Nigerian's having very SH.XPD.OOPC.CH.ZS?locations=NG

serve all members of the local communities, regardless of their

¹https://www.who.int/reproductivehealth/ maternal-health-nigeria/en/

<sup>2</sup>https://data.worldbank.org/indicator/



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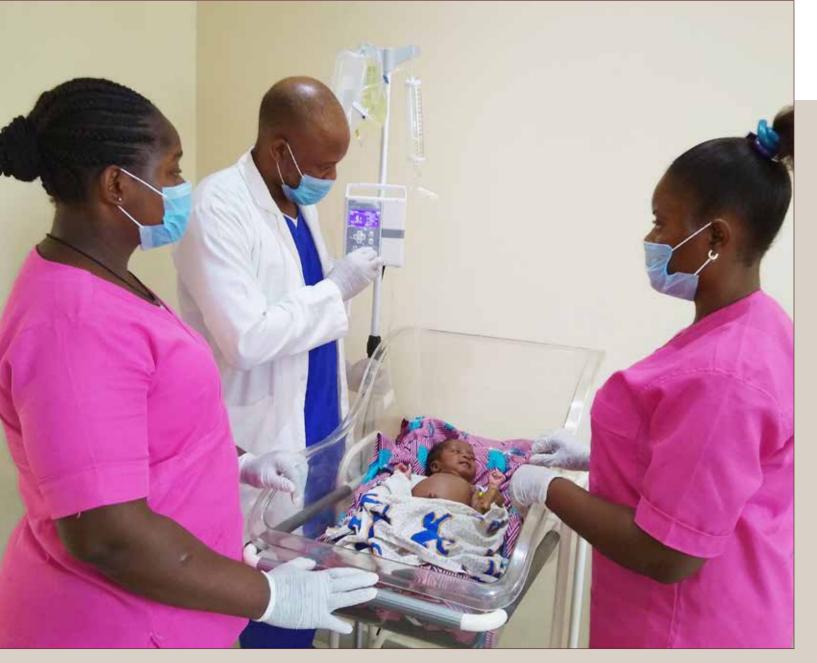
#### YEAR IN REVIEW

Rufkatu Danjuma Maternity has the health needs of women and new patients registered at the continued to provide exceptional infants during pregnancy and RDM, bringing the total number maternity and under-5 care and childbirth has continued at a of patients registered to 6,584. services to the people of Takum stable pace. and its environs.

2020 has been a year of health stream of patients throughout and economic challenges world- 2020 and between December

Throughout the past year, the wide, however, attending to 2019 and November 2020, 1,913

The RDM received a steady





HIGHLIGHTS FROM DECEMBER 2019 TO NOVEMBER 2020:

• New Registrations: 1,913

• Patient Consultations: 4,107

• Ward Admissions: 988

• Deliveries: 430

• Caesarean: 139

• Ultrasound Scans: 1,027

• Surgical Procedures: 83

• Vaccinations: 7,525

• Laboratory Tests: 10,269

• EMT Ambulance Journeys: 500



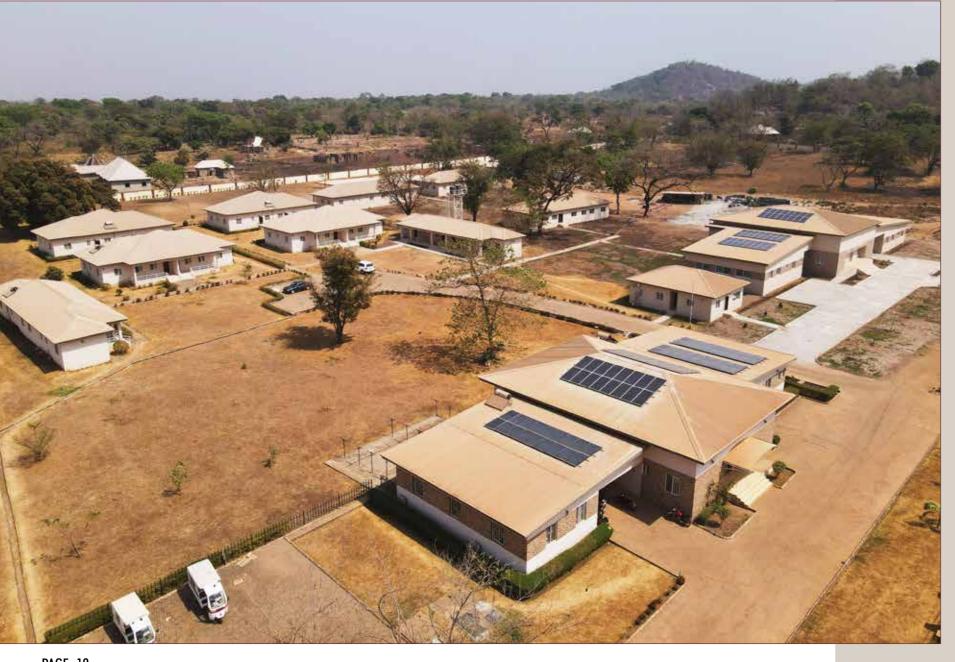
# **FACILITY**

The RDM is operated by a team midwives, nurses, sonographer, scientist laboratory other support staff. In addition, services to the patients. a consultant Obstetrician/ Gynaecologist, Medical Officer, State Ministry of Health.

of 38 staff, including doctors, high-quality medical equipment, RDM investigates and provides the medical team have the tools full and they need to provide efficient, services on the premises. This technicians, administrative, and effective, and quality health care further elevates the hospital's

With the addition of the infant medical care for the region. and other nursing staff have been blood bank donated by T.Y. seconded to the RDM from Taraba Danjuma Foundation and a fully equipped laboratory sponsored

As the RDM is equipped with by Taraba State Government, the blood supply/storage capacity to provide optimal and comprehensive maternal and







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# **SERVICES**

emergencies that are related to 2019 to November 2020. pregnant women and children aged 0-5.

Transport (EMT) ambulances transport women • Antenatal Care and Training in labour or very ill patients to • Immunisation Service: the hospital. These vehicles also Tuesdays

The RDM facility is open transport patients who are weak • Ultrasound Services every day, including weekends but otherwise fit for discharge • Medical and Surgical and public holidays. It is from hospital to their homes. Emergencies: open 24 hours open 24-hours and attends 500 trips were made using the • Deliveries: open 24 hours to outpatients, inpatients and keke ambulances from December • In-house Admissions: open 24

- Outpatient Clinic: open 24 hours
- Three Emergency Mobile Child Outpatient Clinic: open keke 24 hours

- Laboratory Investigations: open 24 hours
- Emergency Mobile Transport (EMT) keke ambulance services



#### **Emergency Mobile Transport**

Journeys (OPEN 24 HOURS)

Dec -19	53
Jan -20	58
Feb -20	56
Mar -20	65
Apr -20	71
May -20	44
Jun -20	40
Jul -20	39
Aug -20	28
Sep -20	24
Oct -20	16
Nov -20	6







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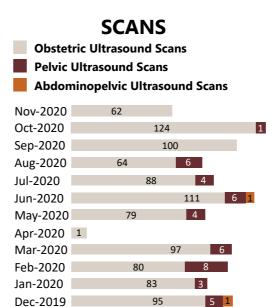
#### **MATERNITY**

From December 2019 to November 2020 the medical staff successfully delivered fourteen sets of twins. Although multiple births are considered high risk, all 28 babies and their mothers are healthy and fully recovered. In addition to the twins, 388 single new-borns were delivered during the year.

Delivery teams of doctors

and midwives are available at all hours of the day, rapidly responding appropriately to changes in the clinical states of those admitted to the wards and delivery suite. Emergency surgical intervention and caesarean section operations are used where necessary to ensure the best outcome for mother and new-born.

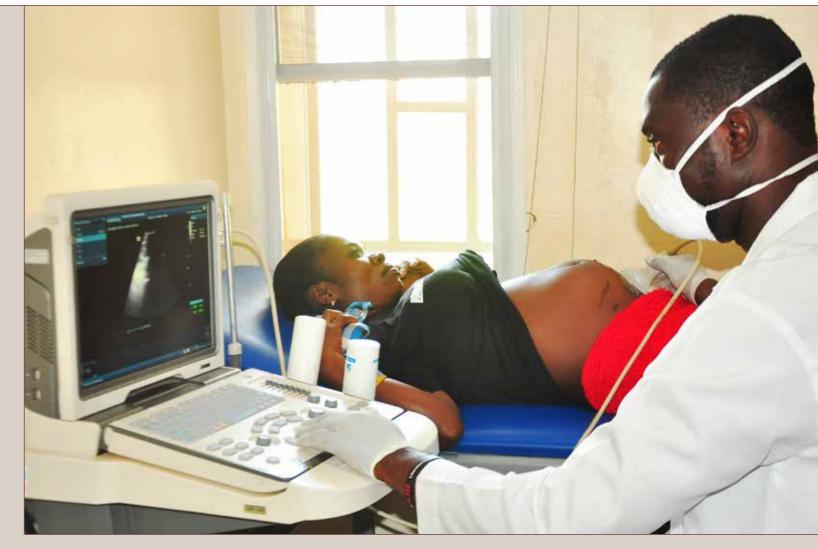
Patient care is front and centre of the thoughts of the RDM's staff. Whether it is in the laboratory, the ultrasound room, the lying-in wards, the vital signs room, the delivery suite, and in the consulting rooms, staff continually ensure that patients who visit the facility get the best care and counselling possible using the most appropriate personnel and technology.











# **LABORATORY**

The RDM laboratory was commissioned in January 2019. Since then, it has greatly expanded the capacity of the RDM to detect and promptly manage thereby preventing avoidable day and range in scope from haematological to chemical

investigations. Frequent quality control checks and procedures help us to ensure that tests are error-free and therefore that results are as accurate evolving clinical conditions, as possible. At the same time, tests continue to be provided morbidity. Investigations are at minimal cost, ensuring that performed at all hours of the all community members have access to high standards of good quality comprehensive

healthcare.

Since the deployment of the laboratory, 18,470 non-imaging tests have been performed, with the largest number of these tests (11.97%) being HIV tests. There have been similar percentages of tests for VDRL, anti-HCV, and HBsAg.







#### **IMMUNISATION**

The immunisation of women and children at the RDM has recorded tremendous success during the year in review. More chairs were purchased to accommodate the ever-increasing number of mothers who bring their children to the facility for vaccinations against killer diseases.

Working in collaboration with the government immunisation team we have immunised a total of 18, 470 people between December 2018 and November 2020. These services are provided free of charge to all attendees. Beneficiaries do not have to be registered patients of the RDM.





#### ANTENATAL LECTURES

World Health Organisation recommends that a woman see her health provider at least eight times during her pregnancy to detect and manage potential problems and reduce the likelihood of a stillbirth or neonatal death. Antenatal care also offers an opportunity for health workers to provide a range of support and information to pregnant women, including on healthy lifestyles, preventing diseases, and family planning.

In Nigeria, over one third of pregnant women do not attend antenatal care (ANC) during pregnancy even though ANC is vital to the health of the mother and the development of the foetus. The RDM team strives to provide ANC education for all expectant mothers and engages with community members to promote the importance of regular check-ups and antenatal care.

Antenatal education provided to RDM patients delivers information on subjects such as good hygiene, dietary habits and healthy nutrition during pregnancy, postpartum recovery, exclusive breastfeeding, adequate rest and work management, multiple infant care for twins and triplets, pregnancy and foetal danger signs, pregnancy complications, signs of labour, etc.

Comprehensive antenatal care and education teaches mothers what to expect during pregnancy representative and chief nursing and delivery, and potential signs officer, was invited to attend the of distress or complications. This knowledge plays an important to the expectant mothers on role in preventing complications recommended maternity nursing that could arise from delayed presentation to the hospital This is one example of how the when in labour or if problems RDM staff work together with arise during pregnancy.

Moses Adi, a community community.

weekly antenatal class and talked practice and medical procedures. community representatives to expand the reach of antenatal In September 2020, Mrs. education and knowledge in the





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#### STAFF TRAINING

frequent training to update in Infancy their knowledge on global • Managing Workplace improvements with respect to Interpersonal Tensions and obstetric care and early neonatal Conflicts care, including approaches to • Management of the Preterm neonatal resuscitation.

In 2020, staff were trained on the Maternity: Indications and following subject areas:

- To provide the best medical Management of Life • The Place of Cloud Storage in

  - **VLBW** Neonate
  - Blood Transfusions in a **Precautions**

- care, the RDM staff undergo Threatening Bronchopneumonia Management of Patients' Records
  - Customer Relations: Handling Uncooperative Patients and Relatives
  - Customer Relations: **Communicating Fees to Patients**

# MEDICAL INTERNSHIPS

The RDM engages proactively of medical professionals in through providing internship opportunities, ranging from two weeks to six months, to students two-month rotations.

The internship opportunity provides hands-on experience for ask questions about concepts that their subject matter.

in teaching the next generation patients as they observe all steps sessions. The training provided of hospital-patient interactions Taraba State and Nigeria from their presentation in the allows them to see in practice Emergency Room and in the many of the concepts that they Outpatient Unit, to the taking have been taught in class but of vital signs and the provision for which they have hitherto not of relevant subjects from the of emergency resuscitative found real-world applications. College of Health Technology, measures, the conduct of certain Feedback we have received from Takum. In 2020 the RDM provided laboratory investigations, and internships for 13 students on the care of admitted patients on the internship programme is the wards.

The interns are encouraged to studies with a clearer insight into

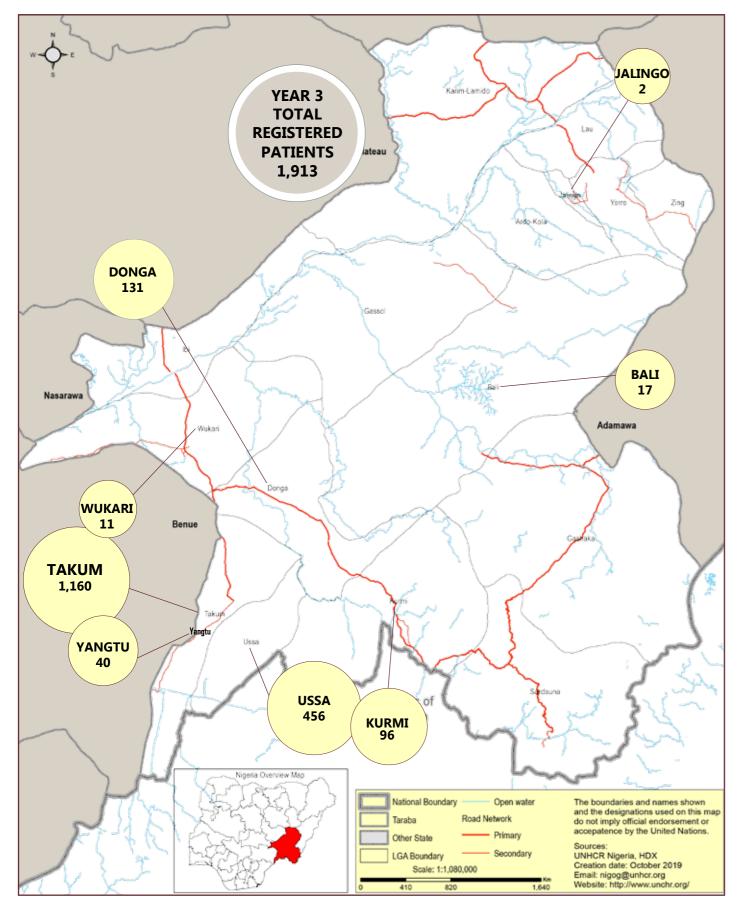
the students in the management of they see in practice as they attend during these internship sessions those who have passed through that, because of their time spent at the RDM, they return to their







#### **MAP**



# **STATISTICS 2017-2020**

Spotlight on Nigeria: Close Nigeria, considered Africa's most the country where nearly 20% of all global maternal deaths happen. Between 2005 and 2015, it is estimated that over 600,000 in 2015 in the 46 most developed maternal deaths and no less than countries was 1,700, resulting 900,000 maternal near-miss in a maternal mortality ratio of cases occurred in the country.

In 2015, Nigeria's estimated has a 1 in 22 lifetime risk of dying to 200 million people inhabit maternal mortality ratio was over during pregnancy, childbirth, 800 maternal deaths per 100,000 populous country. Nigeria is also live births, with approximately whereas in the most developed 58,000 maternal deaths during that year. By comparison, the total number of maternal deaths 12 maternal deaths per 100,000 live births. A Nigerian woman

or postpartum/post-abortion, countries, the lifetime risk is 1 in

\*https://www.who.int/reproductivehealth/ maternal-health-nigeria/en/

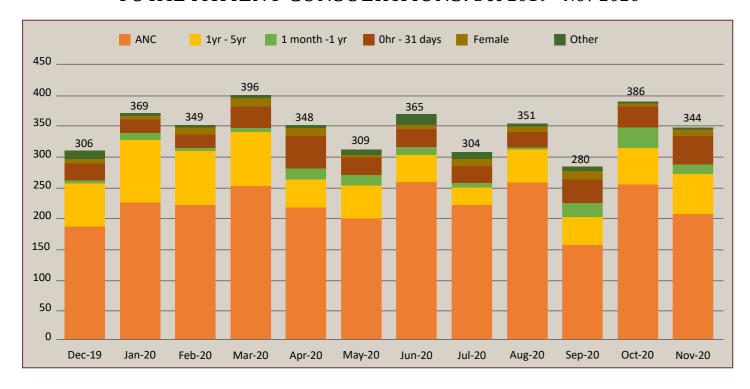
#### STATISTICS 2017-2020

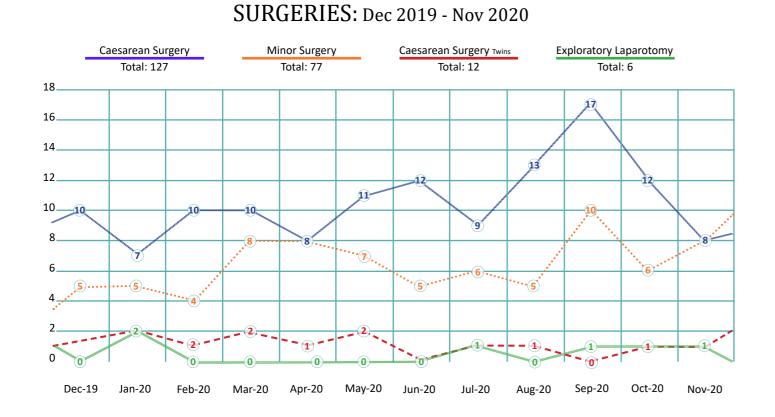
DESCRIPTION	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	Total
ANC Consultation	619	704	713	746	694	741	749	758	756	612	738	633	8,463
Consultation 1-5 years	211	292	251	260	192	213	199	205	197	185	237	220	2,662
Infant Consultation 1-12 months	32	47	32	44	43	41	35	26	22	40	60	37	459
Neonatal Consultation 0-1 month	85	68	69	110	126	96	78	93	90	103	110	117	1,145
Adult Female Consultation (non ANC)	24	22	21	34	30	21	21	33	31	23	19	23	302
Others Consultation	19	21	29	16	9	21	21	15	12	11	14	9	197
ANC Card Registration	295	338	281	297	241	281	304	294	235	241	266	232	3,305
Child under 5 Registration	109	225	194	167	93	134	126	117	137	136	172	183	1,793
Registration of Delivered Infants	70	64	61	114	114	88	68	80	83	90	123	117	1,072
Other Registration	30	38	30	27	32	26	23	23	19	9	6	16	279
Female Registration	12	8	13	23	12	10	5	17	9	11	10	5	135
Deliveries Non-Surgical	58	56	62	97	102	65	53	62	64	65	95	82	861
Deliveries Caesarean	16	17	22	24	25	37	25	29	23	26	37	29	310
Surgery: Exploratory Laparotomy	0	2	2	2	5	0	4	12	9	5	3	23	67
Surgical Procedures - minor	5	20	13	19	21	26	15	17	21	20	22	22	221
Labour Ward Admissions	114	99	111	167	163	163	120	148	126	124	178	158	1,671
Paediatric Ward Admissions	54	117	99	100	63	85	83	68	83	87	113	92	1,044
Other Admissions	7	10	13	16	13	14	17	17	23	7	12	8	157
Obstetric Ultrasound Scan	196	184	205	252	159	275	312	289	227	235	226	228	2,788
Pelvic Ultrasound Scan	9	12	19	17	5	6	11	14	13	7	5	2	120
Abdominal Ultrasound Scan	2	2	1	0	0	0	1	0	0	1	1	1	9
Vaccinations	1,134	1,534	1,200	941	1,545	1,750	1,755	1,923	1,754	1,257	1,946	1,731	18,470
Laboratory Tests	1,729	2,283	1,664	2,218	2,045	2,451	2,240	2,327	2,050	2,023	2,075	2,495	25,600
Ambulance Keke Journeys	108	100	134	215	164	144	138	131	101	73	108	93	1,509

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# **STATISTICS** Year 3

#### TOTAL PATIENT CONSULTATIONS: Dec 2019 - Nov 2020

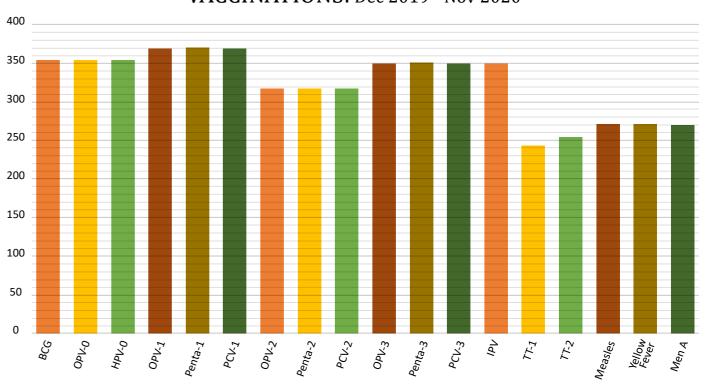




#### LABORATORY: Dec 2019 - Nov 2020

DESCRIPTION	DEC-19	JAN-20	FEB-20	MAR-20	APR-20	MAY-20	JUN-20	JUL-20	AUG-20	SEP-20	OCT-20	NOV-20	Total
Hepatitis B	95	87	90	112	109	86	109	99	98	105	94	106	1,190
Anti-HCV	95	85	88	109	107	86	100	99	96	104	98	110	1,177
VDRL (Syphilis)	95	85	86	107	106	84	108	97	96	106	97	109	1,176
RVS (HIV)	95	86	88	110	109	88	107	100	98	106	100	113	1,200
Urinalysis	96	84	91	120	79	73	96	96	69	76	85	79	1,044
Blood Glucose	3	27	5	15	0	26	0	6	13	40	10	29	174
Pregnancy Test	14	14	11	18	27	21	14	17	6	17	16	12	187
PCV (Packed Cell Volume)	132	78	0	17	126	124	1	0	0	132	177	132	919
Blood Group	102	82	92	104	116	94	96	102	98	97	92	95	1,170
Crossmatching	11	12	14	17	22	14	17	19	26	30	15	25	222
Haemoglobin Genotype	52	26	12	25	31	34	52	28	47	52	58	69	486
Full Blood Count (FBC)	9	20	18	17	5	14	13	6	14	15	19	35	185
Malaria Parasites (MP)	46	90	55	87	40	79	59	53	59	87	89	107	851
Widal Test	2	7	1	8	6	7	2	7	2	7	3	14	66
Blood Donor	11	12	14	17	22	14	17	19	26	30	15	25	222
TOTAL	858	795	665	883	905	844	791	748	748	1,004	968	1,060	10,269

#### VACCINATIONS: Dec 2019 - Nov 2020



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#### **HUMAN INTEREST STORIES**

MRS SUZY BAKO IKA

Mrs. Suzy Bako Ika's first visit to the RDM was on August 26th, 2020 when she registered for antenatal care. She was 16 weeks pregnant at that time. On her third ANC visit, she had an elevated blood pressure recording and following a series of thorough examinations and tests, she was immediately placed on anti-hypertensive medication for the control of her elevated blood pressure and was also scheduled for more frequent antenatal check-ups. When she was 30 weeks and 5 days pregnant, she was diagnosed with preeclampsia – a severe complication of pregnancy that could result in both maternal and perinatal mortality. Mrs.

Suzy was immediately admitted for strict monitoring and care to prolong her pregnancy so that the baby could mature enough for life outside the uterus.

However, three days after admission, her blood pressure shot up to a dangerous level, accompanied by a high temperature from likely sepsis and an intrauterine growth restriction. Because of these complications, the managing team commenced induction of labour to prevent any further risk to both her and her child. The RDM has the capability to care for premature infants and had the necessary experience and equipment to manage the attendant challenges that could

arice

Mrs. Suzy eventually had a spontaneous delivery of a live but extremely low birth weight male child (1.3kg) who needed respiratory support. Thanks to the effort of the medical team, she was properly cared for and her blood pressure adequately managed post-delivery. She has been referred to the cardiologist for further expert management. Her child was cared for in the RDM's special care baby unit (SCBU) for about 1 month post-delivery and has been discharged at a healthy weight. Regular follow-up visits are scheduled for him and his health and growth will continue to be monitored.

#### MRS HIDAYATU MIKAILA ALIYU

Mrs. Hidayatu's first contact with the Rufkatu Danjuma Maternity was on April 28th, 2019 when she arrived in much distress after her inability to have a spontaneous delivery at another hospital. The foetus had died in utero, so she was rushed in for an emergency caesarean section to remove the foetus. Surgery was successful and she was discharged and counselled on the need for thorough antenatal care in her subsequent pregnancies. She returned to

the facility and registered for antenatal care on November 12th, 2019. The pregnancy experienced a complication at 13 weeks' gestational age, but this was managed properly in the facility. She was regular with her ANC visits and was counselled for a caesarean section at 39 weeks of pregnancy if a trial at spontaneous delivery failed. She presented to the facility at 39 weeks six days and the baby was successfully delivered by caesarean section, but she

continued bleeding after the surgery. Due to her medical history and complications, the facility had prepared for blood to be available for her surgery and she had a total of eight units of blood transfused as the bleeding was successfully controlled. She was discharged about oneweek post-surgery. She is alive and well today and her baby is strong and healthy. She is very grateful for the care given to her by everyone at the RDM.









#### **COMMUNITY COLLABORATION**

#### MRS DENNIS TIYANGRIMAM AYUBA

Mrs. Dennis Tiyangrimam Ayuba came to the RDM with a bad obstetric history, having been pregnant three times with none of the babies being born alive. Her first visit was on August 30th, 2019 when she registered for antenatal care. Her pregnancy was complicated early on with malaria at 13 weeks' gestational age, which could have led to the loss of the pregnancy, however, she was successfully managed

in the facility. She regularly attended her antenatal visits and never defaulted. She presented in labour on April 19th, 2020, two days past her due date, and eventually delivered a female child by spontaneous birth. However, there was a turn of events post-delivery as she bled profusely. She became anaemic and tilted into shock. She was immediately taken into the theatre for an emergency surgery

after all attempts at managing the bleeding conservatively failed. In surgery, the source of bleeding was located and arrested. She had a total of five units of fresh whole blood transfused and was discharged home after six days post-delivery. She is full of gratitude to everyone at the RDM for the care she and her baby received.











In August 2020, T. Y. Danjuma Foundation and Development Africa met with community representatives to discuss community engagement, to listen to their suggestions, and answer questions pertaining to RDM procedures. Several changes to procedures and new initiatives were enacted due to community recommendations, such as a joint outreach programme between community leaders and RDM staff to sensitise community members on recommended medical procedures and practices that differ from cultural/traditional practices, the appointment of female security guards to more sensitively enforce security protocols for female visitors to the hospital complex and wards, and stricter safety protocols for visitors and visiting hours to the wards.

In September 2020, the RDM was the venue for a 2-day Glaucoma and Eye Screening Outreach in collaboration with T. Y. Danjuma Foundation. A team of eye specialists performed eye screening and treatment of various eye pathologies for the people of Takum and surrounding areas. People attended from far and wide to benefit from the free medical outreach.

# RENEWABLE ENERGY



The renewable energy system continues to run smoothly and since December 2019 to November 2020, it provided the RDM with 17,374kwh of solar power while the RDM complex consumed 27,958kwh power in total. This means that the RDM derived 62% of its power from solar, resulting in minimum generator usage, reduced costs, and a greatly reduced environmental impact.

# **FACILITY EXPANSION**

Due to the planned expansion of the hospital complex, T. Y. Danjuma Foundation sponsored additional recreational and staff facilities to promote the mental and physical wellbeing of the hospital staff. These new facilities include a staff hall and canteen, a fully equipped gym and doctors lounge, and a full-sized tennis court.









# **EXPANSION OF MEDICAL SERVICES**

in reducing the rates of infant dedicated treatment and care. mortality and providing children with a stable and

being. Throughout their early seven countries which make children<sup>3</sup>.

While the maternal and developmental years, children up 52 percent of global child neonatal treatment provided and adolescents are vulnerable to mortality in this age group, by the RDM plays a vital role health risks which often require with a rate of 20-30 deaths per 1,000 children. According to the United Nations, public health Sub-Saharan Africa accounts interventions need to address healthy start in life, sustained for more than half of the global the particular health risks for the paediatric and child healthcare child mortality rate for children 5-14 age group, which differ from is essential for continued well- aged 5-14. Nigeria is one of the the primary risks among younger









care in Nigeria.

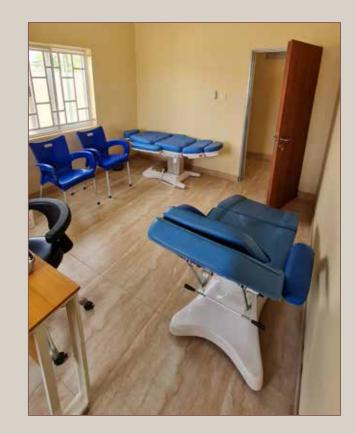
<sup>3</sup>United Nations Inter-agency Group for Child Mortality Estimation (UN IGME), 'Levels & Trends in Child Mortality: Report 2017, Estimates Developed by the UN Inter-agency Group for Child Mortality Estimation', United Nations Children's Fund, New York, 2017.

The expansion of the hospital

It is widely recognised that complex in Takum began in to paediatric care. This promotes a lack of specialised treatment November 2019 with the trust and confidence on the part facilities for children in the post- construction of the new children's of mothers and families who neonatal phase leads to many hospital sponsored by T. Y. can return to the same location avoidable deaths and that there Danjuma Foundation - the Kuru for treatment, encouraging is a clear and urgent need for Danjuma Hospital for Children consistent and sustained care increased specialised paediatric (KDHC). The KDHC will provide throughout the vulnerable years quality healthcare for children of their child's development. in the post-infant phase through The establishment of the Kuru to adolescence. Its co-location Danjuma Hospital for Children with the Rufkatu Danjuma also reduces transportation costs Maternity facilitates synergy and for families who will no longer cooperation and encourages the have to travel further afield to efficient handover from neonatal find specialist paediatric care.









age. This will afford each facility any healthcare risks from older

The KDHC will reduce the resources, space, and time children, while at the same time pressure on the RDM and prevent to focus on the requirements of overcrowding, as healthcare the infants and children in their receive the care and treatment provision will be extended and care. Crucially, this will also that they need in the children's distributed between the two ensure that mothers and infants hospital nearby. facilities according to patient at the RDM are not exposed to

guaranteeing that those children





By allowing the RDM to maintain its focus on mothers and infants, the new facility will ensure that every child receives the support and care they need as they grow and thrive. The Kuru Danjuma Hospital for Children will be another hallmark development of T. Y. Danjuma Foundation, marking the next phase in the provision of quality and sustained mother and child healthcare in Takum.





